My plan in one week

Friday, August 15, 2025 6:08 PM

One.

Week/lesson	Biology	Chemist	Math	Physics	Time test	Time Video/book/work book/note book	مرور روز	Plas every time
Saturday	2hr	2hr	2hr	2hr	Chemist:1hr Biology:1hr Math:1hr Physics:30min	Chemist: video 1hr Biology: video 1hr Math: video 1hr Physics: 1.5hr	30 min for every lesson	10 hr
Sunday	2hr	2hr	2hr	2hr	Chemist:1hr Biology:1hr Math:1hr Physics:30min	Chemist: video 1hr Biology: video 1hr Math: video 1hr Physics: 1.5hr	30 min for every lesson	10hr
Monday	2hr	2hr	2hr	2hr	Chemist:1hr Biology:1hr Math:1hr Physics:30min	Chemist: video 1hr Biology: video 1hr Math: video 1hr Physics: 1.5hr	30 min for every lesson	10hr
Tuesday	2hr	2hr	2hr	2hr	Chemist:1hr Biology:1hr Math:1hr Physics:30min	Chemist: video 1hr Biology: video 1hr Math: video 1hr Physics: 1.5hr	30 min for every lesson	10hr
Wednesday	2hr	2hr	2hr	2hr	Chemist:1hr Biology:1hr Math:1hr Physics:30min	Chemist: video 1hr Biology: video 1hr Math: video 1hr Physics: 1.5hr	30 min for every lesson	10hr
Thursday	2hr	2hr	2hr	2hr	Chemist:1hr Biology:1hr Math:1hr Physics:30min	Chemist: video 1hr Biology: video 1hr Math: video 1hr Physics: 1.5hr	30 min for every lesson	10hr
Friday	2hr	2hr	2hr	2hr	Chemist:1hr Biology:1hr Math:1hr Physics:30min	Chemist: video 1hr Biology: video 1hr Math: video 1hr Physics: 1.5hr	30 min for every lesson	10hr